

## Vegetarian Offerings<sup>1</sup>

Classic Greek Salad with Falafel  
California Salad with Falafel  
Salad Sampler  
Classic Pita with Falafel  
Sundried Tomato Wrap with Falafel

Mix & Match with Falafel or Spanakopita  
Mediterranean Veggie  
Cali-Greek Bowl with Falafel  
Kids – Cheese Flatbread Pizza  
ALL Sides

## Gluten-Free Offerings<sup>1,2</sup>

Fire Feta® Fries  
Classic Greek Salad (Chicken, Falafel or Grilled Shrimp) (no pita)  
California Salad with Chicken (no pita)  
Mix & Match (Chicken, Steak Kabob, Falafel or Grilled Shrimp) (no pita)  
Garlic-Herb Salmon (no pita)  
Cali-Greek Bowl (Chicken, Falafel or Grilled Shrimp) (no pita)  
Side – Small Greek Salad  
Side – Cucumber-Tomato Salad  
Side – Moroccan Carrot-Walnut Salad

Side – French Fries  
Side – Fire-Roasted Vegetables  
Side – Seasoned Rice  
Fire Feta®  
Hummus  
Avocado Dip/Spread  
Tzatziki Sauce  
Dessert – Chocolate Pita Cookie

## Allergen Information<sup>2</sup>

\* Contains allergen  
\*\* Manufactured in a facility that uses these ingredients

	SOY	EGG	FISH	MILK	PEANUTS	TREENUTS	SHELLFISH	WHEAT
4" Pita				**				*
7" Pita				**				*
Avocado Dip								
Baklava	*			*	*			*
Black Beans								
Chermoula	*							
Chicken Shawarma	*			*				*
Chocolate Pita Cookie		*			*			
Creamy Chile Sauce	*			*				*
Crispy Shrimp <sup>1</sup>	*							*
Cucumber Tomato Salad	*						*	
Falafel <sup>1</sup>	*			**				
Feta Cheese <sup>3</sup>				*				
Fire Feta	*			*				
Fire Feta Mayo	*			*				
Fire Roasted Vegetables		*						
Flatbread	*			**				*
French Fries <sup>1</sup>	*							
Garlic Herb Salmon								
Gorgonzola Cheese			*	*				
Gorgonzola Dressing	*			*				
Greek Dressing	*							
Greek Yogurt				*				
Grilled Chicken/Kabobs <sup>2</sup>	*							
Grilled Shrimp <sup>2</sup>							*	
Grilled Steak Kabobs <sup>2</sup>	*						*	
Gyros	*							*
Hummus								
Jalapeno Bacon	*							
Lemon Chicken Soup	*			*				*
Moroccan Carrot Slaw		*		*				
Mozzarella Cheese				*	*			
Multigrain Pita Chips								*
Seasoned Rice	*							
Spanakopita <sup>1</sup>	*			*				*
Tabouli	*	*						*
Tomato Basil Wrap	*							*
Tomato Pizza Sauce				*				
Tzatziki Sauce	*			*				

<sup>1</sup> Crispy Shrimp, Falafel, Fries and Spanakopita are cooked in a shared fryer.

<sup>2</sup> Due to shared cooking and preparation areas it is not possible for Daphne's to guarantee meals completely free of any particular allergen or ingredient.

<sup>3</sup> Feta cheese is pasteurized.

• All Daphne's menu items are MSG free.

• Our menu items and cooking oil are trans-fat free, with the exception of naturally occurring trans-fat.

• Nutritional information for our promotional offerings is available at Daphne's locations.

• The nutrition information provided is derived from testing conducted in laboratories, published resources, or from information provided from Daphne's California Greek suppliers. The nutrition information is based on standard product formulations and serving sizes. Variation in serving sizes, preparation techniques, product testing and sources of supply, as well as regional and seasonal differences, may affect the nutrition values for each product.

• Due to federal rounding regulations, the calculation of an entire meal may vary slightly from the sum of each menu item in the meal. This information is correct as of January 2015, unless stated otherwise.

• The U.S. Departments of Health & Human Services and Agriculture recommend limits for a 2,000 calorie daily diet to 20 grams of saturated fat and 2,300 milligrams of sodium.

# NUTRITIONAL INFORMATION



	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)
<b>STARTERS</b>										
Sampler Trio	860	420	47	11	33	1620	90	13	6	24
Fire Feta® and Warm Pita	400	180	19	8	33	890	43	3	2	12
Avocado Dip and Warm Pita	370	110	13	4	0	700	50	4	2	11
Hummus and Warm Pita	330	120	13	2	0	530	44	6	1	8
Fire Feta® Fries	830	440	49	14	46	1800	83	7	3	13
Rustic Greek Flatbread	470	240	27	12	65	1380	43	2	6	19
Lemon Chicken Soup	300	120	13	4	56	1300	38	1	1	8

**PITA & TZATZIKI**

Pita	120	25	4	0	3	210	20	1	0	4
Tzatziki	30	1	0	0	0	160	2	0	2	1
Pita and Tzatziki	150	30	4	0	3	370	21	1	2	5

**SALADS** (listed with dressing/add pita & tzatziki sauce for total)

Classic Greek Salad with Chicken	460	250	28	7	116	1250	18	5	9	37
Classic Greek Salad with Gyros	710	530	59	21	100	1500	25	4	9	23
Classic Greek Salad with Falafel	540	330	37	8	25	1360	45	11	15	14
Classic Greek Salad with Crispy Shrimp	440	280	31	7	105	1360	25	4	8	17
Classic Greek Salad with Grilled Shrimp	420	270	31	7	166	1925	17	5	9	23
Classic Greek Salad with Chicken Shawarma	460	290	32	8	120	1470	22	4	9	27
Classic Greek Salad	280	200	22	6	25	810	16	4	8	7
California Salad	670	390	44	12	129	1350	33	13	12	43
Mediterranean Chicken Salad	550	280	31	7	116	1510	30	8	15	41
Chicken Shawarma Cobb Salad	810	480	54	10	100	1860	58	11	14	31
Greek Dressing	120	110	12	2	0	240	4	0	3	0
Gorgonzola Dressing	170	140	16	5	10	420	4	1	3	3
Balsamic Hummus Dressing	170	110	12	2	0	300	12	2	8	2

**SANDWICHES** (add tzatziki sauce for total)

Pita Sandwich with Chicken	480	140	16	3	90	1030	43	3	3	38
Pita Sandwich with Gyro	730	420	47	17	75	1280	52	3	3	24
Pita Sandwich with Falafel	560	220	25	4	0	1140	72	10	9	15
Pita Sandwich with Crispy Shrimp	450	170	19	4	80	1140	51	3	2	18
Pita Sandwich with Grilled Shrimp	440	160	19	3	140	1710	43	4	2	24
Pita Sandwich with Chicken Shawarma	470	170	19	4	90	1210	47	3	2	27
Steak Pita Sandwich	460	200	22	7	35	930	45	4	3	20
Street Pita Duo	600	310	34	11	84	1180	47	2	3	28
Street Pita - Chicken	250	100	11	3	45	540	22	1	2	16
Street Pita - Gyros	350	210	23	8	40	640	25	1	2	11
Street Pita - Falafel	320	150	17	4	10	650	36	5	5	9
Street Pita - Chicken Shawarma	260	130	14	3	60	710	24	1	1	15
Sundried Tomato Wrap with Chicken	810	350	39	13	130	1960	70	5	4	48
Sundried Tomato Wrap with Gyros	1060	630	70	26	110	2210	78	5	4	34
Sundried Tomato Wrap with Falafel	900	430	48	13	40	2070	98	12	10	25
Sundried Tomato Wrap with Crispy Shrimp	790	370	42	13	120	2070	78	5	3	29
Sundried Tomato Wrap with Grilled Shrimp	770	370	41	12	180	2630	69	6	3	34
Sundried Tomato Wrap with Chicken Shawarma	810	380	43	13	130	2180	74	5	3	38
Add Avocado Dip	70	60	6	1	0	80	4	3	0	1
Add Feta	80	60	6	4	25	320	1	0	0	4
Add Fire Feta®	120	100	11	5	25	350	3	0	2	4
Add Hummus	100	50	6	2	0	210	8	2	2	3
Add Jalapeno Bacon	80	60	7	3	15	310	0	0	0	5

**PLATES** (add pita & tzatziki sauce for total)

Mix & Match (add two choices + two sides)

Fresh-Carved Gyros	420	330	37	15	74	690	9	0	1	16
Steak Kabob	120	540	4	1	48	380	4	1	2	17
Chicken Kabob	120	30	4	1	57	270	3	1	2	19
Spanakopita	220	130	15	4	23	330	16	2	2	6
Falafel	260	130	15	2	0	550	29	7	7	7
Crispy Shrimp	150	75	8	2	80	550	9	0	0	11
Grilled Shrimp	130	70	8	1	140	1110	0	1	0	16
Chicken Shawarma	180	80	9	2	95	660	5	0	0	20
Mediterranean Veggie (listed with seasoned rice and small Greek salad)	1050	530	60	15	36	2020	110	14	17	26
Salmon Plate (listed with seasoned rice and small Greek salad)	520	200	23	5	43	710	52	4	4	30
Cali-Greek Bowl with Grilled Chicken	750	210	23	5	100	1770	87	15	7	52
Cali-Greek Bowl with Fresh-Carved Gyros	1000	490	54	18	80	2020	95	14	8	38
Cali-Greek Bowl with Falafel	840	290	33	5	8	1880	115	21	14	29
Cali-Greek Bowl with Crispy Shrimp	730	230	26	5	85	1880	95	15	6	32
Cali-Greek Bowl with Grilled Shrimp	710	230	26	4	149	2450	86	15	7	38
Cali-Greek Bowl with Chicken Shawarma	750	27	5	0	100	1990	91	15	7	42

**SIDES**

Small Greek Salad	130	100	12	2	6	360	6	1	3	2
Lemon Chicken Soup	300	120	13	4	56	1300	38	1	1	8
Cucumber-Tomato Salad	120	95	11	2	0	340	5	1	3	1
Moroccan Carrot-Walnut Salad	180	110	13	2	6	400	16	3	10	3
Tabouli	220	130	15	2	0	370	20	1	1	3
Seasoned Rice	250	50	6	1	0	400	47	1	1	5
Fire-Roasted Vegetables	60	30	3	0	0	310	6	2	3	2
French Fries	320	150	16	3	1	610	40	3	0	3
Multigrain Pita Chips	170	40	5	0	0	270	27	5	2	6
Pita	240	45	5	1	0	420	39	2	0	7

**DESSERTS**

Traditional Baklava	250	85	9	3	5	170	36	1	26	2
Chocolate Pita Cookie	240	70	8	1	0	170	31	3	25	15
Greek Yogurt Delight	240	40	5	2	13	160	32	1	23	17

**KIDS MEALS** (add side, apple sauce, tzatziki sauce and milk or a 12oz beverage for total)

Grilled Chicken with Pita	250	60	7	2	68	540	20	1	1	27
Fresh-Carved Gyros with Pita	330	190	21	8	37	550	25	1	1	12
Falafel with Pita	380	160	18	3	0	760	49	8	7	11
Crispy Shrimp with Pita	270	100	11	3	80	760	29	1	0	15
Cheese Flatbread Pizza	370	170	19	9	52	970	37	1	4	16
Milk	110	20	2	1	10	130	22	0	12	8
Apple Sauce	45	0	0	0	0	0	13	2	11	0
Tzatziki	30	10	1	0	0	160	2	0	2	1

**MEDITERRANEAN FAMILY FEAST** (serves up to 4)

Pita, Hummus and Tzatziki	1270	430	50	17	16	2910	150	12	17	40
Grilled Chicken	350	99	11	2	182	873	2	1	2	60
Fresh-Carved Gyros	850	660	73	30	149	1380	18	0	2	32
Falafel	520	260	30	4	0	1090	58	15	15	15
Chicken Kabobs	470	130	14	3	227	1100	11	4	6	77
Steak Kabobs	470	150	16	6	194	1530	15	5	7	69
Crispy Shrimp	600	300	33	6	320	2200	35	2	0	43
Grilled Shrimp	540	280	32	4	565	4450	1	4	1	65
Chicken Shawarma	350	170	19	4	190	1320	10	1	0	41

Cucumber-Tomato Salad	480	380	44	8	0	1360	20	4	12	4
Moroccan Carrot-Walnut Salad	720	440	52	8	24	1600	64	12	40	12
Classic Greek Salad	390	200	22	6	25	810	17	4	8	7
Seasoned Rice	950	190	22	4	0	1530	180	5	5	19
Tabouli	660	390	46	6	0	1110	60	3	4	9
Fire-Roasted Vegetables	220	120	13	2	0	1240	24	9	11	6
Multigrain Pita Chips	670	160	18	0	0	1090	109	18	6	24

**BEVERAGES**

Coca Cola - 12 oz	140	0	0	0	0	10	37	0	37	0
Coca Cola - 22 oz	260	0	0	0	0	15	68	0	68	0
Coca Cola - 32 oz	380	0	0	0	0	20	98	0	98	0
Coke Zero - 12 oz	0	0	0	0	0	10	0	0	0	0
Coke Zero - 22 oz	0	0	0	0	0	10	0	0	0	0
Coke Zero - 32 oz	0	0	0	0	0	20	0	0	0	0
Diet Coke - 12 oz	0	1	0	0	0	10	0	0	0	0
Diet Coke - 22 oz	0	1	0	0	0	10	0	0	0	0
Diet Coke - 32 oz	0	2	0	0	0	15	0	0	0	0
Dr Pepper - 12 oz	140	0	0	0	0	50	37	0	37	0
Dr Pepper - 22 oz	250	0	0	0	0	90	68	0	68	0
Dr Pepper - 32 oz	370	0	0	0	0	130	100	0	100	0
Minute Maid Light Lemonade - 12 oz	10	0	0	0	0	10	0	0	0	8
Minute Maid Light Lemonade - 22 oz	15	0	0	0	0	10	0	0	0	0
Minute Maid Light Lemonade - 32 oz	20	0	0	0	0	15	0	0	0	0
Powerade Mountain Blast - 12 oz	8									