

For Immediate Release

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Salads with Mediterranean Goodness and California Flair Highlight the Spring Menu at Daphne's California Greek

Popular Chicken Strawberry Salad Returns to the Menu

CARLSBAD, Calif. (April 30, 2013) – Spring is in the air and on the menu as Daphne's California Greek highlights its seasonal salads that feature quintessential springtime ingredients such as fresh fruit and vegetables for a healthier and flavorful meal or appetizer.

To the delight of its many fans, the Chicken Strawberry Salad (\$8.29) makes its third appearance for a limited time only. This salad, which features fresh sliced strawberries atop a bed of mixed greens tossed with roasted chicken, candied walnuts, dried cranberries, feta cheese, and balsamic hummus dressing, has 640 calories with the dressing.

The Mango Chicken Salad (\$8.29) is one of Daphne's lighter salads at approximately 400 calories with dressing but it doesn't skimp on flavor. It features grilled chicken plus fresh chipotle mango salsa atop mixed greens and feta cheese tossed with balsamic hummus dressing.

A perennial favorite and one that showcases Daphne's unique blend of Mediterranean and California flavors, the California Greek Salad (\$8.29) is a crisp salad with roasted chicken, fresh avocado, pine nuts, Roma tomatoes, yellow corn, feta cheese, carrots, cucumbers, and mixed greens with Gorgonzola vinaigrette. This salad tops out at 660 calories with dressing.

All three salads are served with warm pita bread. For those who want to enjoy Daphne's popular salad dressings at home, Daphne's offers its Classic Greek or Greek Lite dressings for \$4.00 per 12-ounce bottle.

About Daphne's California Greek

With 53 restaurants in California, Arizona and Colorado, Daphne's California Greek offers Mediterranean-inspired, California fare made with high quality ingredients and a focus on more nourishing and healthful options. Daphne's menu takes its

inspiration from health-conscious consumers who desire quality, flavorful foods that can also fuel their active and full lifestyles. The menu includes specialty salads, flatbread pizzas, pita sandwiches, and grilled seafood complemented with flavorful sides such as a spicy Fire Feta dip, roasted veggies, and savory tabouli. Most menu items fall under 700 calories and can be customized to accommodate low-fat, low-carb, high protein diets as well as vegetarian, vegan and gluten-free diets.

More information is available at www.daphnes.biz. Consumers can “like” Daphne’s Facebook page to receive updates on community activities, specials and new menu items.

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