

# starters

**hummus & warm pita** 2.99 (310 cal) **VG**

**fire feta & warm pita** 2.99 (480 cal) **V**

**fried calamari** 8.99 (560 cal)  
with spicy tomato dipping sauce and grilled lemon

**spanakopita** 5.99 (460 cal) **V**  
crispy phyllo stuffed with spinach and feta

**fire feta fries** 5.99 (1130 cal) **V**  
fries topped with fire feta sauce



ADD  
HAND-CARVED  
GYRO AND  
RED ONION  
+2  
(1550 CAL)

fire feta fries with gyro

**mediterranean lentil soup** **VG**  
with green lentils, vegetables, ancient grains,  
and served with warm pita  
**cup** 3.99 (440 cal) **bowl** 5.49 (530 cal)

**lemon chicken soup**  
with roasted chicken, rice, herbs, and served  
with warm pita  
**cup** 3.99 (280 cal) **bowl** 5.49 (500 cal)

# family feast

pick two proteins, two sides and  
one sauce, and served with warm pita  
**34.99** (640-1530 cal)

## pick two proteins:

- hand-carved gyro
- grilled chicken skewer
- chickpea falafel **VG**
- grilled steak skewer +4.99
- grilled shrimp skewer +4.99
- seasonal fish +4.99

## pick two sides:

- seasoned basmati rice
- greek salad **V**
- french fries **VG**
- tabbouleh **VG**
- cucumber-tomato salad **VG**
- roasted vegetables **VG**
- pita chips **V**

ADD A  
SIDE TO  
ANY  
ORDER  
+3

## pick one sauce:

- tzatziki **V**
- hummus **VG**
- fire feta +2.99 **V**

## kids meal 5.99

all kids meals served with seasoned basmati rice and warm pita

- hand-carved gyro (790 cal)
- grilled chicken (700 cal)
- chickpea falafel (800 cal) **VG**
- cheese pita pizza (660cal) **V**

## Daphne's Carlsbad

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daphne's    @daphnesgreek

order online at [daphnes.biz](http://daphnes.biz)



## TO-GO MENU



# plates

(800-1220 cal)

## mix & match plate 11.49

your choice of two proteins, served with greek side salad, seasoned basmati rice, tzatziki and warm pita

- hand-carved gyro
- grilled chicken skewer
- chickpea falafel **VG**
- grilled steak skewer +2.49
- grilled shrimp skewer +1.49

## mediterranean fish plate 14.99

seasonal fish with lemon, fresh herbs and extra virgin olive oil with greek side salad, seasoned basmati rice, tzatziki and warm pita

## surf & turf plate 12.99

grilled shrimp skewer and steak skewer served on a bed of seasoned basmati rice with roasted vegetables, tzatziki and warm pita

## vegetarian plate 11.99 **v**

tabbouleh, chickpea falafel, spanakopita, hummus, greek side salad, tzatziki and warm pita



mediterranean fish plate



**HALAL MEATS**  
AVAILABLE

**V = vegetarian VG = vegan**

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

# bowls & salads

salads served with tzatziki sauce and warm pita (600-890 cal)  
bowls (800-1220 cal)

## hummus bowl 8.99 **VG**

chickpea hummus with warm falafel, tabbouleh, spring mixed greens, cucumber-tomato salad and warm pita

## greek bowl 8.99

seasoned basmati rice, roasted vegetables, grilled chicken skewer or hand-carved gyro, topped with fire feta sauce and warm pita

## gyro bowl 8.99

seasoned basmati rice, hand-carved gyro, onions, kalamata olives, feta, harissa sauce and warm pita



hummus bowl

## mediterranean salad 12.99

mixed greens tossed with lemon tahini dressing, chickpeas, artichokes, tomatoes, cucumbers, red cabbage, feta, kalamata olives and grilled chicken skewer

## falafel salad 11.99 **VG**

spring mixed greens tossed with lemon tahini dressing, topped with chickpea falafel, pickled onions, cucumbers and tomatoes

**ADD FIRE FETA +1**

## greek salad 10.99

mixed greens tossed with greek dressing, tomatoes, cucumbers, feta, kalamata olives, onions and grilled chicken skewer

# sandwiches

(540-740 cal)

## classic pita 8.49

hand-carved gyro or grilled chicken, cucumber-tomato salad, red onion, lettuce, greek dressing and tzatziki on warm pita

## falafel pita 8.49 **VG**

chickpea falafel, red cabbage, hummus, cucumber-tomato salad, lemon tahini dressing on warm pita

## spicy grilled chicken pita 8.49

grilled chicken, fire feta sauce, lettuce and cucumber-tomato salad on warm pita



gyro pita combo

**MAKE IT A COMBO**

**WITH FRIES AND A DRINK**

**13**

(adds 310- 690 cal)

## drinks and dessert

**self serve drink 2.99** (10-260 cal)

**bottled water 2.00** (0 cal)

**cookie 2.99** (390 cal)

**baklava 2.29** (250 cal)

crispy phyllo dough with honey and walnuts